

KENDAL~CROSSLANDS®

Communities

Together, transforming the experience of aging.®

SKILLED NURSING • PERSONAL CARE
SHORT-TERM REHAB



WELCOME

At Kendal-Crosslands Communities, we provide health care services to promote each resident's highest level of physical independence and emotional well-being. The communities are dedicated to service of the highest quality that is guided by Kendal's core values and commitment, and by the principles of the Religious Society of Friends.

Our highly rated Health Centers offer person centered care in an inviting physical environment. This includes welcoming resident rooms and comfortable, inviting common areas; choice of dining venues, regardless of disability; the freedom to receive visitors at any time; and open access to people and places throughout the community.





THE KENDAL DIFFERENCE

We believe that dignity, autonomy and a sense of control become more precious as older adults face limitations and personal losses. That's why—guided by our Core Values and Commitment—Kendal-Crosslands Communities has never used physical restraints.

The services provided by both Kendal at Longwood and Crosslands are similar, yet they have their own unique personality. Individuality is created by the lovely surroundings, the staff providing care and the residents who live in the Health Center. Both communities are committed to the belief that human life is sacred and that all people regardless of age, health, economic status or other circumstances are to be treated with loving respect.

◆ PICTURESQUE SETTINGS ◆

Kendal-Crosslands Communities 500-acre arboretum campus is located in the heart of the Brandywine Valley adjacent to Longwood Gardens.

Residents enjoy views of rolling hills, green meadows, lovely gardens and tranquil water features.

SERVICES

- ◆ Person centered care provided by an interdisciplinary team of skilled professionals.
- ◆ RN on site 24 hours per day, high caregiver to resident ratio.
- ◆ Meals and diets prepared under the direction of a licensed dietician and served according to resident preferences.
- ◆ Integrated care for residents with cognitive impairment.
- ◆ Therapy services—including physical, occupational, speech performed in our rehabilitation center.
- ◆ Life enrichment activities and programs based upon resident's preference, needs and abilities.
- ◆ KCC's wheelchair accessible bus offers transport to off-site medical appointments.
- ◆ Fitness Center and aquatic programs

Services related to: Ventilator care, Total Parenteral Nutrition (TPN), Acute Psychiatric Care, Bariatric Care, New Tracheostomies, or Nasogastric (NG) Tubes, are not available at Kendal~Crosslands Communities.





ENJOY THE EXPERIENCE

- ◆ Comfortable resident rooms providing privacy, outdoor views and heat and air conditioning controls.
- ◆ In room flat screen TVs, telephones and high speed wireless internet services.
- ◆ A variety of dining room options.
- ◆ Clinic on site for audiology, dental, podiatry and physician visits.
- ◆ On site beauty salon, pharmacy and banking services.
- ◆ Personal laundry services available.
- ◆ A state of the art fitness center with a director available to work with residents on an individual basis, incorporating equipment designed especially for older adults.

**additional costs for some services*

SHORT-TERM REHAB



THERAPY SERVICES

Our dedicated team of physical, occupational and speech therapists work with those who need short-term rehabilitation for joint replacement, strokes, cardiovascular disorders, fractures and other conditions. Kendal-Crosslands' rehabilitation centers provide:

- ◆ Physical Therapy
- ◆ Occupational Therapy
- ◆ Speech Therapy

Our rehabilitation specialists will work with you and your medical team to help you recover quickly and to the fullest extent possible. And, in our full-service Life Plan communities, you can take advantage of many amenities to supplement your plan of care and enhance your rehabilitation experience, including our Fitness Center and aquatics programs.

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HEALTH CENTER RATES

SKILLED NURSING & PERSONAL CARE

Direct admission to Kendal at Longwood or Crosslands Health Centers is available on a per diem (daily rate) or monthly basis. The daily and monthly rates include:

- ◆ Private rooms and bathrooms for those receiving Personal Care
- ◆ Private rooms and bathrooms for those receiving Skilled Nursing Care
- ◆ 3 meals daily, plus snacks
- ◆ Dietary consultation
- ◆ Social and life enrichment services
- ◆ Linens and housekeeping

Personal Care Rates:

Per day: \$204

Per month: \$6,205

Nursing Care* Rates:

Per day private: \$408

Per day semi-private: \$352

Per month: \$12,410

Kendal-Crosslands Communities are fully licensed, Medicare-certified health care centers.

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Our Health Centers are open to persons without regard to race, age, color, gender, sexual orientation, religious creed, handicap, disability, marital status, gender identity, sexual preference, ancestry, national origin, or any other protected status.

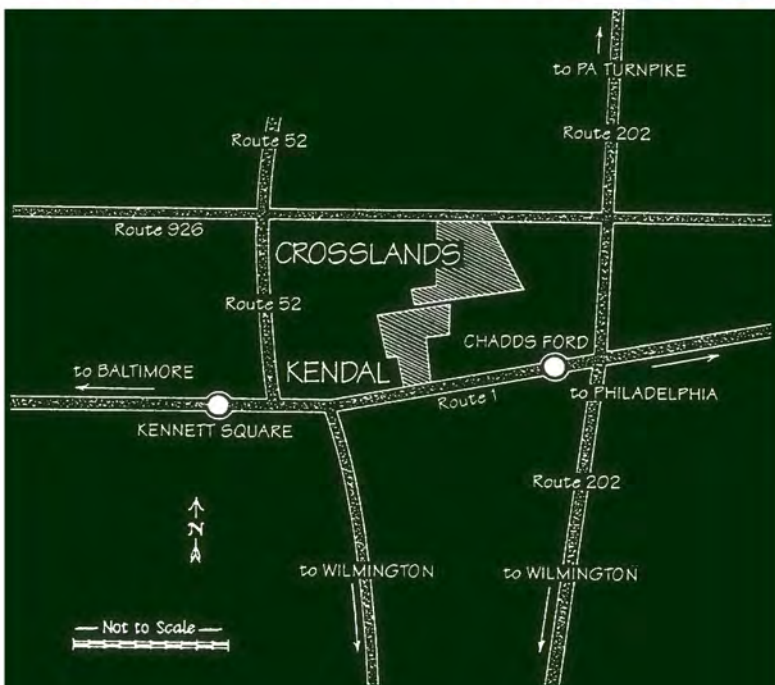
*Kendal-Crosslands Communities is not Medicaid-certified

Effective dates for rates shown: April 1, 2018

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Call to learn more about the different living options available.

610-388-1444 | Fax 610-388-1445

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P.O. Box 100 • Kennett Square, PA 19348



A Not-for-profit Life Plan Community
Serving Older Adults in the Quaker Tradition

