

KENDAL~CROSSLANDS COMMUNITIES
Kendal at Longwood
RE-OPENING IMPLEMENTATION PLAN – STEP 2

DATE/WEEK OF	AFFECTED AREA	SKILLED CARE	PERSONAL CARE
Week of 7/27/20	<p><u>DINING</u> GUIDANCE: Continue in Room Meal Service Communal Dining Is Limited to unexposed COVID-19 residents. Must maintain 6 feet social distancing (limit number of residents at a table). -Stagger arrival times and maintain social distancing -Increase # of meal services or offer meals in shifts</p>	<p>Dining will occur for residents who need oversight and supervision in areas where social distancing is possible, one resident per table or residents appropriately spaced at larger tables. Areas to be utilized will be expanded to include the Westmorland Lounge, the Westmorland TV Room Lounge, the Dining Room Alcove and the Lounge adjacent to Room 403 in Westmorland. An element of enhanced service will be added to our existing meal delivery through the use of fresh coffee delivery to these areas and upgraded place settings.</p> <p>Tray service will continue for all other residents.</p> <p><i>Staff will take appropriate precautions with eye protection/gowns when feeding residents at high risk for choking. Staff members who are assisting more than one resident at a time must perform hand hygiene with ABH in between switching residents.</i></p>	<p>Outdoor Dining in the Garden adjacent to the Cumberland Dining Room – The Peace Garden - will be added. 5 residents will be invited to participate each day for lunch outdoors, weather permitting. Residents will be seated at appropriate distances from one another and tables will be arranged to ensure safe dining outdoors..</p> <p>Appropriate disinfecting and cleaning will occur after each meal in the Peace Garden.</p> <p>Residents who need oversight and supervision for meals will continue to eat in the Cumberland Lounge, with appropriate social distancing and disinfection after every meal. An element of enhanced service will be added to our existing meal delivery to this area through the use of fresh coffee delivery and upgraded place settings.</p> <p>Tray service will continue for all other residents.</p>

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Week of 7/27/2020	<p><u>ACTIVITIES</u> GUIDANCE Limited activities may be conducted with no more than five unexposed COVID-19 residents. Social distancing, hand hygiene and universal masking are required.</p>	<p>Wellness exercise groups broadcast on Channel 13.1 in common areas with appropriate social distancing, hand hygiene and masks as tolerated. No more than 5 residents per location, space permitting, for appropriate social distancing.</p> <p>Small group activities (art, music, trivia, and so on) commence with no more than 5 unexposed residents per group. No shared materials.</p> <p>Support Groups (Parkinsons and Memory Café) resume monthly for no more than 5 unexposed residents in Activity Central with other residents joining via Zoom.</p>	<p>Wellness exercise groups commence with appropriate social distancing and masks as desired in 2 common areas and hallways: one group in Upper Cumberland and one group in Lower Cumberland, with masks, social distancing and hand hygiene. Exercise groups will also be broadcast on Channel 13.1 in common areas with appropriate social distancing, hand hygiene and masks. No more than 5 residents per location.</p> <p>Small group activities (art, music, trivia, and so on) commence with no more than 5 unexposed residents per group. No shared materials.</p> <p>Support Groups (Parkinsons and Memory Café) resume monthly for no more than 5 unexposed residents in Activity Central with other residents joining via Zoom.</p> <p>Weekly, supervised outings to the Outdoor Pool will be available. Spaces reserved for Health Center residents at the Indoor Pool twice per week.</p>

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Week of 7/27/20	<p><u>NON-ESSENTIAL PERSONNEL</u> GUIDANCE Non-essential personnel are allowed as determined necessary, with screening and additional precautions including social distancing, hand hygiene and universal masking.</p>	<p>Non-urgent Maintenance work orders can be completed.</p> <p>Contractors, on a case by case basis, can be admitted into Skilled Care.</p> <p>Beauty Salon can begin services in the Health Center, with residents from each level of care seen separately. Residents will be escorted to and from the salon.</p>	<p>Non-urgent Maintenance work orders can be completed.</p> <p>Contractors, on a case by case basis, can be admitted into Personal Care.</p> <p>Beauty Salon can begin services in the Health Center, with residents from each level of care seen separately. Residents will be escorted to and from the salon.</p>
To Be Determined in Future Steps	<p><u>VOLUNTEERS</u> GUIDANCE Volunteers are only allowed for the purpose of assisting with visitation protocols and may only conduct volunteer duties with unexposed COVID-19 residents. Screening, social distancing and additional precautions including hand hygiene and universal masking are required.</p>	<p>No Volunteers will be allowed into the Health Centers in Step 2</p>	<p>No Volunteers will be allowed into the Health Centers in Step 2</p>
8/3/2020	<p><u>VISITORS</u> GUIDANCE</p>	<p>Schedule: Visits will be conducted Monday-Friday at 10:00-10:30AM, 11:00-11:30AM and 3:00-3:30PM.</p>	<p>Schedule: Visits will be conducted Monday-Friday at 10:00-10:30AM, 11:00-11:30AM and 3:00-3:30PM.</p>

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	<p>Outdoor visitation (weather permitting is allowed in neutral zones to be designated by the facility. If weather does not permit outdoor visitation, indoor visitation is allowed in designated neutral zone to be designated by the facility and defined in this Implementation Plan. Visitation is limited to residents unexposed to Covid-19.</p>	<p>Hours are subject to change based on weather and staff availability. Saturday visits will be offered at 10 and 11:00. Sunday visits will be offered at 3:00PM. Exceptions to the schedule can be arranged with the Life Enrichment Director. Up to 2 family members can be scheduled for 1 resident during each time block, for a combined (SK and PC) total of 3 sets of visitors on campus per day.</p> <p>Scheduling Protocol: Families will utilize the SignUpGenius website for scheduling visits. Family members will be asked to not schedule more than monthly initially in order to provide all families with an opportunity to visit.</p> <p>Spaces Designated for Outdoor Visitation: 2 outdoor areas have been designated for visits: The Cottage Garden and the Peace Garden. Other residents and staff will be asked to refrain from using one of these spaces if a visit is in progress.</p> <p>Space for Indoor Visitation during Inclement Weather: for Westmorland</p>	<p>Hours are subject to change based on weather and staff availability. Saturday visits will be offered at 10:00 and 11:00. Sunday visits will be offered at 3:00PM. Exceptions to the schedule can be arranged with the Life Enrichment Director. Up to 2 family members can be scheduled for 1 resident during each time block, for a combined (SK and PC) total of 3 sets of visitors on campus per day.</p> <p>Scheduling Protocol: Families will utilize the SignUpGenius website for scheduling visits. Family members will be asked to not schedule more than monthly initially in order to provide all families with an opportunity to visit.</p> <p>Spaces Designated for Outdoor Visitation: 2 outdoor areas have been designated for visits: The Lower Cumberland Terrace and the Peace Garden. Other residents and staff will be asked to refrain from using one of these spaces if a visit is in progress.</p> <p>Space for Indoor Visitation during Inclement Weather: for Cumberland</p>

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		<p>residents, the Bird Room has been designated as an alternate visiting space in the event of inclement weather.</p> <p>Protocol for Visitors upon arrival to Campus: Visitors are to wait in their cars until called to either the Ambulance Entrance (for visits in the Cottage Garden) or the Entrance by Parking Lot 1 (for visits in the Peace Garden and the Lower Cumberland Terrace). Once called from their cars to the specified location, staff will screen them in accordance with our Screening Guidelines and escort them to the visit. Visitors who do not pass the screening will be asked to reschedule. Masks must be worn at all times and visitors must show their visit confirmation email in order to enter the campus.</p> <p>Route Visitors must take in order to access Visitation Space: To travel to the Cottage Garden, visitors enter at the Ambulance Entrance and then enter the Garden. To travel to the Peace Garden, visitors take the</p>	<p>residents, the Terrace Room has been designated as an alternate visiting space in the event of inclement weather.</p> <p>Protocol for Visitors upon arrival to Campus: Visitors are to wait in their cars until called to either the Ambulance Entrance (for visits in the Cottage Garden) or the Entrance by Parking Lot 1 (for visits in the Peace Garden and the Lower Cumberland Terrace). Once called from their cars to the specified location, staff will screen them in accordance with our Screening Guidelines and escort them to the visit. Visitors who do not pass the screening will be asked to reschedule. Masks must be worn at all times and visitors must show their visit confirmation email in order to enter the campus.</p> <p>Route Visitors must take in order to access Visitation Space: to travel to the Peace Garden, visitors take the Elevator to the second floor, exit right from the elevator and then enter the Peace Garden, without leaving neutral</p>

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		<p>Elevator to the second floor, exit right from the elevator and then enter the Peace Garden, without leaving neutral zones.</p> <p>Method for maintaining Social Distancing, Hand Hygiene and Masks: Visitors will be provided with masks when they arrive if they do not have them. Hand hygiene will be practiced during the screening process, and at the end of the visit when visitors are escorted back to their cars. Staff members will be assigned as monitors during the visits to ensure that social distancing remains in place and that masks remain in place. All residents, except for those who cannot tolerate them for health reasons, will wear masks throughout the visit. Visitors will not be allowed to share phones or items during the visit. No physical contact will be permitted during the visit. Families cannot utilize the visit time to drop off items for residents.</p> <p>Cleaning Protocols: After each visit, the table and chairs utilized for the</p>	<p>zones. To travel to the Lower Cumberland Terrace, visitors are screened in the lobby by Parking Lot 1 and then walk around the building to the Terrace.</p> <p>Method for maintaining Social Distancing, Hand Hygiene and Masks: Visitors will be provided with masks when they arrive if they do not have them. Hand hygiene will be practiced during the screening process, and at the end of the visit when visitors are escorted back to their cars. Staff members will be assigned as monitors during the visits to ensure that social distancing remains in place and that masks remain in place. All residents, except for those who cannot tolerate them for health reasons, will wear masks throughout the visit. Visitors will not be allowed to share phones or items during the visit. No physical contact will be permitted during the visit. Families cannot utilize the visit time to drop off items for residents.</p> <p>Cleaning Protocols: After each visit, the table and chairs utilized for the</p>

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		visit will be cleaned according to protocols established at the outset of the pandemic.	visit will be cleaned according to protocols established at the outset of the pandemic.
	<u>OUTINGS</u>		
	Outings limited to no more than the number of people where social distancing between residents can be maintained. Appropriate hand hygiene and universal masking are required.	Outings will not occur during Step 2.	Outings will not occur during Step 2.
	<u>COMMUNITY SPACES</u>		
	Access to Community Spaces such as the Library, the Coffee Shop, the Gateway Shop and to the Lower Level of the Main Center (other than the Salon) is restricted at this time for residents of the Health Center.	Residents who need books from the Library are encouraged to ask Life Enrichment staff to obtain books for them. The Kendal Resident Website has a listing of all new books	Residents who need books from the Library are encouraged to ask Life Enrichment staff to obtain books for them. The Kendal Resident Website has a listing of all new books
<i>This plan applies to residents/areas unexposed to COVID-19. Residents/areas exposed to COVID-19 are under strict precautions.</i>	<i>At any time, this Reopening Plan could be interrupted as described in the Policy: Halting the Reopening of Skilled Nursing and Personal Care at KCC.</i>	<i>14 days must elapse between Step 2 (7/27/20) and Step 3 (8/10/20)</i>	